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From plans to Real preparedness

Building a resilient state from the top down and the bottom up



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Internal Security and Resilience of the State
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It is 7:23 am. The power is out. Mobile networks are overloaded.

01 **Who takes command?**

02 **How do we communicate?**

03 **What will people actually do?**

Resilience is not proven in an audit. It is proven when what we normally rely on stops working.

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Defence is an ecosystem, not a single institution

Military capability depends on the systems that sustain it.

01	**Strategic governance**	Direction, coordination and decisions
02	**Industry & supply chains**	Capacity, continuity and adaptability
03	**Innovation & technology**	Development and adoption of new technologies
04	**Infrastructure & logistics**	Mobility, energy and critical services
05	**People & society**	Skills, confidence and resilience

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Armies win battles.

Winning wars depends on an economy and society that keep functioning under pressure.

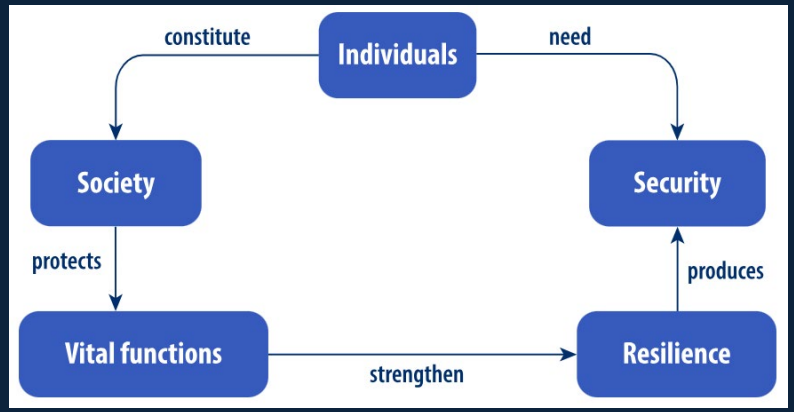
Good practice example - Finland

Sisu

Determination and inner strength in the face of adversity

A cultural foundation for resilience, alongside a practical national system.

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~50,500 civil defence shelters

85% privately owned

~900,000 reservists

~9,000 professional soldiers

72 hors

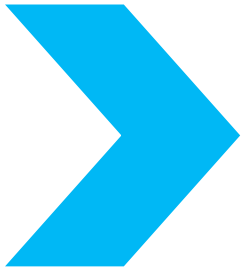
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Our weak point: islands of preparedness

Many activities exist. Too few are connected into a verified response.

What we have

- **Crisis and continuity plans**
- **OSH and first aid**
- **Cyber training**
- **Wellbeing programmes**
- **Security measures**



THE GAP

What we need

A measurable response capability

Clear roles • workable communications • practical rehearsal • evidence of improvement

Plans are inputs.
Preparedness is an outcome.

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The prepared person is the basic unit of national resilience

Prepared people do not replace professional responders. They preserve capacity for the incidents only professionals can handle.

01 **Recognises** the situation

02 **Decides** under pressure

03 **Acts** in the first minutes

04 **Protects** self, family and organisation

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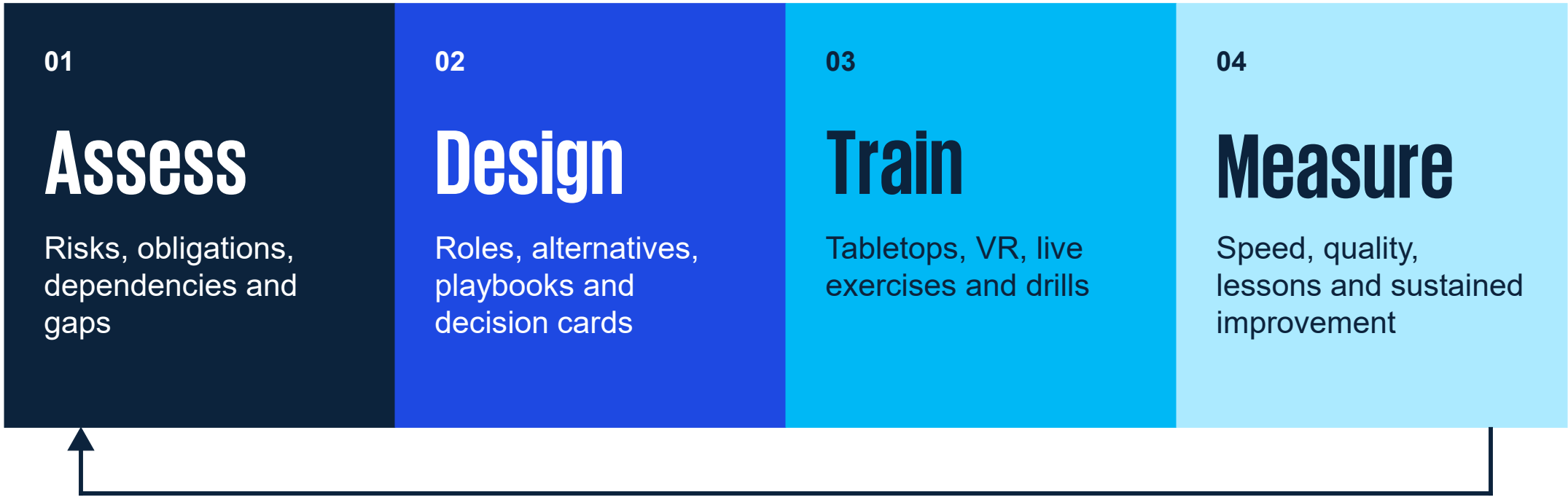
Four practical capabilities of a prepared person

01	**Navigate a crisis**	Power outages, evacuation, operational disruption, unavailability of critical services.
02	**Save a life**	CPR, use of an AED, severe bleeding, accidents.
03	**Resist digital and information attacks**	Social engineering, scam calls, disinformation, home security.
04	**Maintain the ability to decide and function**	Mental stability, physical fitness, fatigue, prolonged overload.

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Preparedness must be built as a continuous cycle

From strategic ambition to observable behaviour.



The same logic applies to the state, an organisation and an individual.

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Three moves towards a more resilient Czech Republic

01	**Measure capability, not documents**	Test whether people can perform their roles when systems and assumptions fail.
02	**Connect work and home preparedness**	Family security directly affects the availability of critical staff.
03	**Build one ecosystem**	Link the state, business, municipalities, schools, communities and responders.

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If power, mobile networks and corporate systems failed at 5:23 pm today...

...how many of your people would know what to do in the first 15 minutes?

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A resilient state is built from both directions: capable institutions from the top down and prepared people from the bottom up.

Thank you | Questions



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